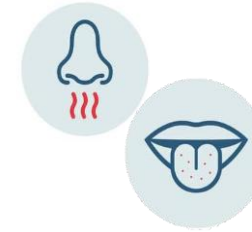




**A high temperature**  
This means you feel hot to touch on your chest or back (you do not need to measure your temperature)



**A new, continuous cough**  
This means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours



**A loss or change to your sense of smell or taste**  
This means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

